# PORTUGUESE EQUITATION AND INTRODUCTION TO WORKING EQUITATION WEEK

09/15/2024 Escola de Equitação de Alcainça

## **Portuguese Equitation and Introduction to Working Equitation** Week

**Portuguese Equitation** builds on the principles of classical dressage, with some differences in the exercises, the aids and riding style.

Led by experienced instructors you are schooling exercises and gymnastics using poles and pylons in all paces focusing on coordination, straightening, balance and activation of the hindquarters – the foundation for the emerging discipline **Working Equitation**.

While the discipline consists of 4 phases (dressage, ease of handling, speed trail, and cattle trial) we focus on the dressage and ease of handling to introduce you to the obstacles on our schoolmasters. Join us as we create an inspirational and educational experience that focusses on the connection between horse and rider.

### Program

September 15 - 22, 2024 Intensive riding package: 7 nights / 8 days / 12\* lessons

Our package rates are calculated per person and stay including accommodation, full board, beverages, riding lessons, service, and taxes.

\* we suggest the riding program (A) with 2 lessons per day to benefit most from this program.

More informationon our riding programs and philosophy

#### Exclusive complementary benefits during this special week deal:

- Introduction to the tradition, and equipment including braiding practice
- Demonstration session in Portuguese Equitation and Working Equitation
- Theoretical introduction to the obstacles
- Visit to a traditional local tack shop
- Sunset aperitive with wine and cheese degustation

This special offer is subject to availability.

#### Book now





